

REP. SPIEGELMAN SAYS THERE'S LOTS TO DO IN DELAWARE TO HELP SHAKE THE WINTER BLUES

February 2013

It is cold, but there are still things to do!

February is my least favorite month. I despise 35 degrees and rain. To me, I would rather have it warm up, or snow. Not in-between. Many of us even experience "seasonal depression" or "cabin fever." That is a shame, because even here at the tail end of Winter, there are still many things to see and do in Kent and Lower New Castle Counties. One of my jobs as your State Representative is to help look out for your well-being and the well-being of the state. In that spirit, a day trip might be just what the doctor, or in this case, the legislator, ordered.

Take, for example, the Air Mobility Command Museum in Dover, DE. I started volunteering there in 2005 and was thrilled when I walked through the doors the first time I came face to face with a B17 Flying Fortress. Through the years, I have had many people say to me that this museum is the best kept secret in Kent County. Well, the secret is out. Admission is free and they are open six days a week. In March, they will be celebrating a long-overdue arrival of a C-5 Galaxy. For many of us, the ability to walk right up to an 82-yard-long plane is enough to destroy the winter blues no matter what the weather. Please visit <http://amcmuseum.org> for more information.

If you are anything like me, and your great weakness is food, then take a look at the Delaware Culinary Trail - <http://www.visitdelaware.com/culinary/culinary-trail-locations>.

I am always surprised at the interesting things to see at the Delaware Public Archives. The last time I was there, they had on display the original U.S. Constitution that was considered and ratified by Delaware in 1787. Delaware was

the first to ratify the U.S. Constitution, distinguishing us as the “First State” - <http://archives.delaware.gov>.

If fine art is your forte, then check out the Biggs Museum. I happen to be a fan of early 19th century landscapes - <http://www.biggsmuseum.org>.

How many of us who grew up in the Smyrna/Clayton area have never been to the Smyrna Museum? It is free and open to the public - <http://smyrnamuseum.com>.

Looking for some more local flavor when it comes to a beverage? Pizzadili Vineyard & Winery and Fordham Brewing Company are both open and give great tours. Harvest Ridge Winery and Legacy Distilling will be opening soon!

These are just a couple of examples of some interesting things to do and see to help fight the Winter blues. Many people from in and out of state tell me there is nothing to do in Delaware. I have to disagree. The center part of this great state has a lot to offer for residents depressed from the weather and non-residents who might be experiencing the same feelings.

Shake that cabin fever - <http://www.visitdelaware.com>.

Sincerely,

A handwritten signature in black ink, appearing to read 'J. Spiegelman', written in a cursive style.

State Rep. Jeff Spiegelman
11th District